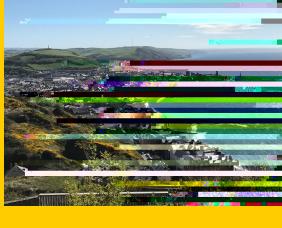
Travel, transport, mobility and health

Ageing, the Environment and
Sustainability
Lancaster University Centre for Ageing
Research Town and Gown Event

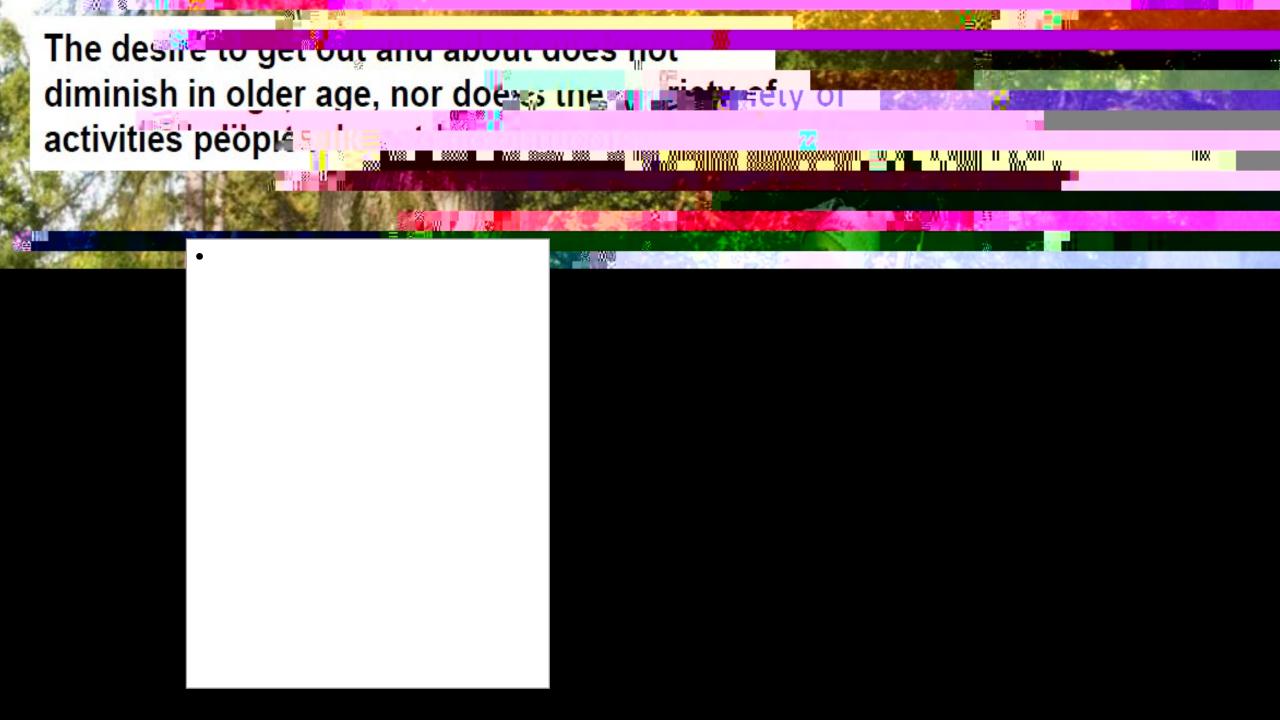
Professor Charles Musselwhite
Chair in Psychology
Aberystwyth University
chm93@aber.ac.uk
@charliemuss



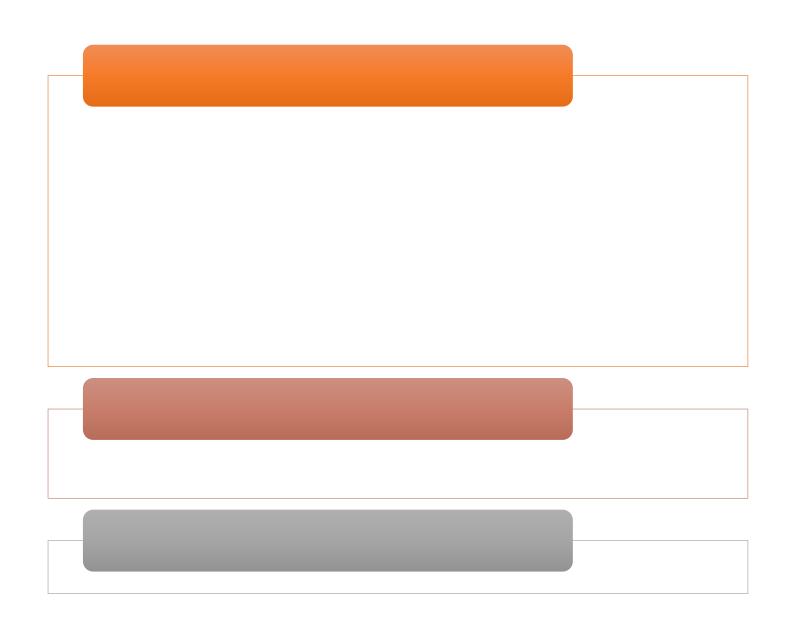






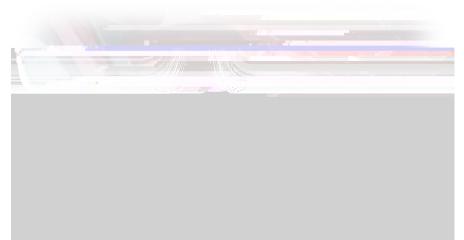


Why is mobility important in later life?

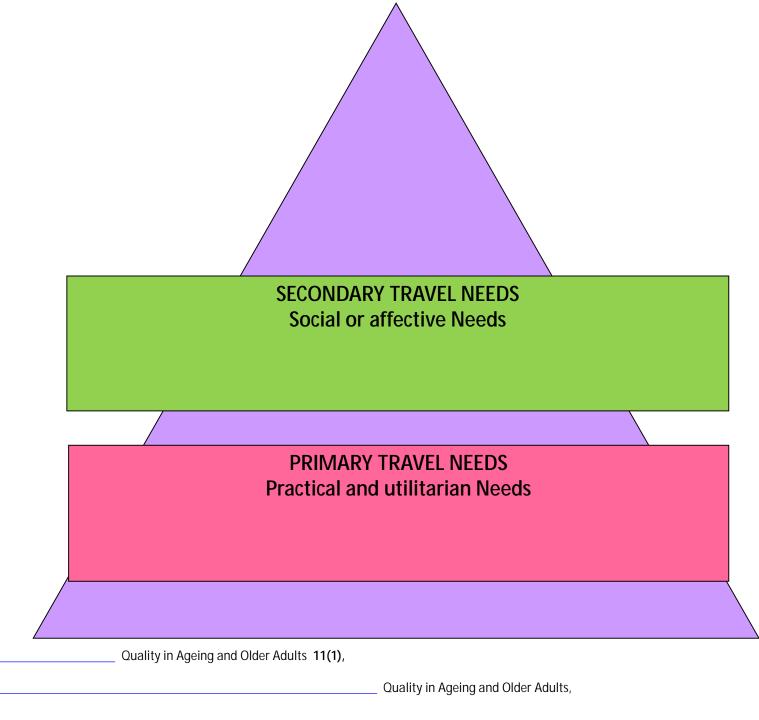


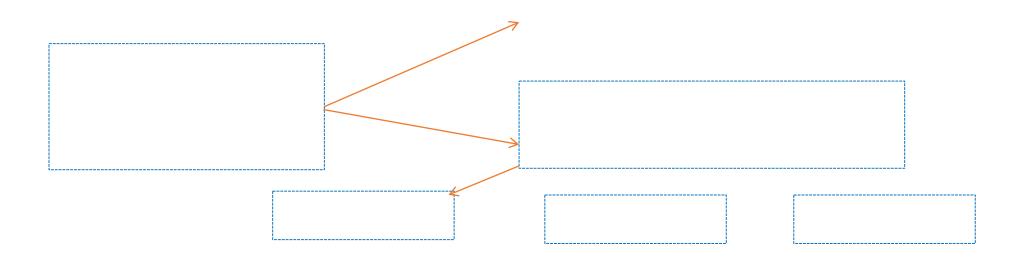
it's also about psychosocial and aesthetic purposes





Hierarchy of mobility needs







_Transport

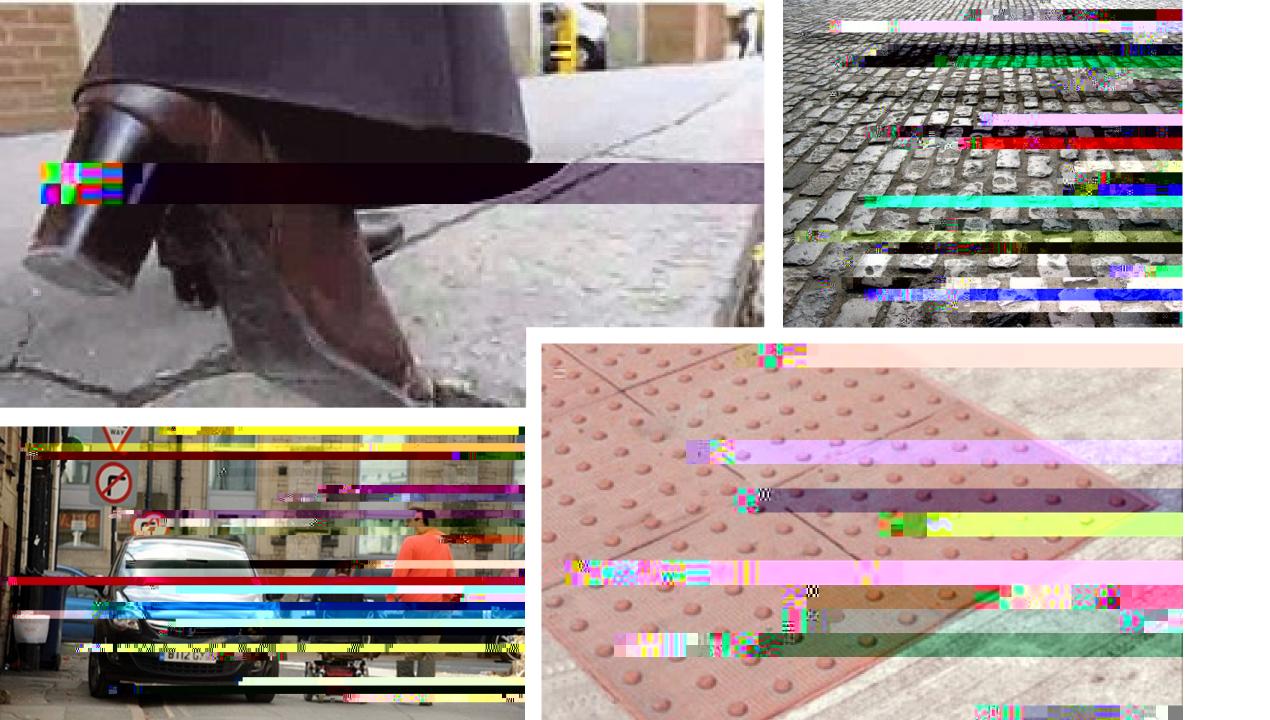
Planning & Technology 38(1),

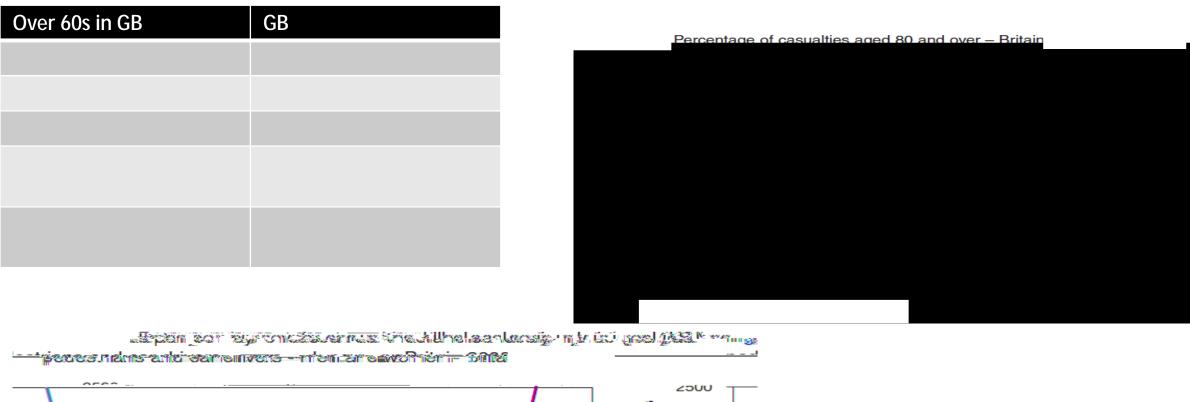
__ Generations Review,

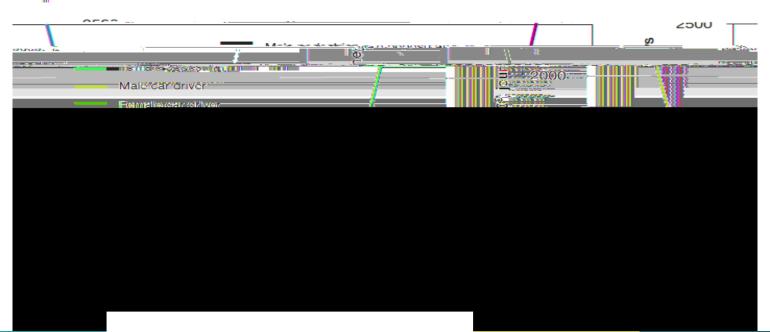




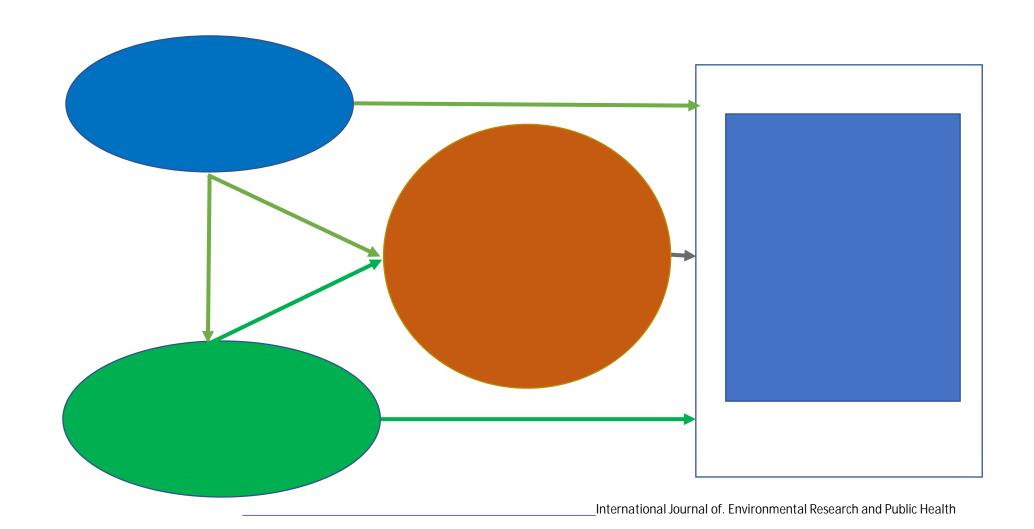


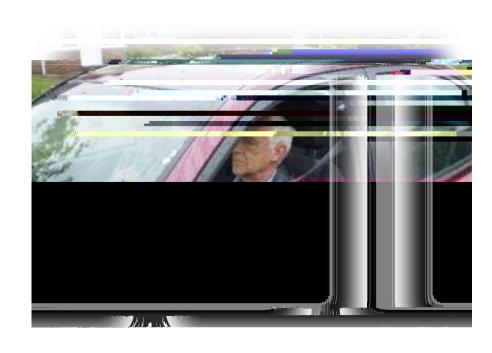






Mobility capital







Issues with public buses

1.Driver awareness

- 2. Service inconveniences(Having to change buses; early finish of buses in afternoon; need free bus all day long not just after peak time).
- 3. Service performance (Buses being cancelled altogether or reduced in number; the unreliability of the service)
- 4. Poor bus stops (Poor signage, information, seating and shelter; safety and security issues at bus stop; the bus stop not being near the main residential areas)
- 5. Poor quality buses(do not lower to kerb / grab rails missing)



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HUMAN SPACES

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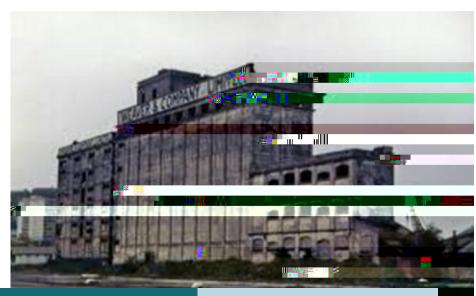
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People and social capital

Issues are people based

To mobilise change need to mobilise people

Give older people more of a role in their transport provision









Transport is partly about getting from A to B

• Remember transport isn't just functional.

Transport is about people