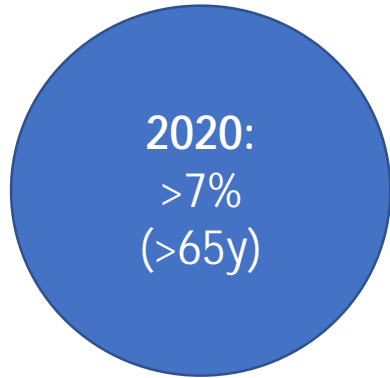


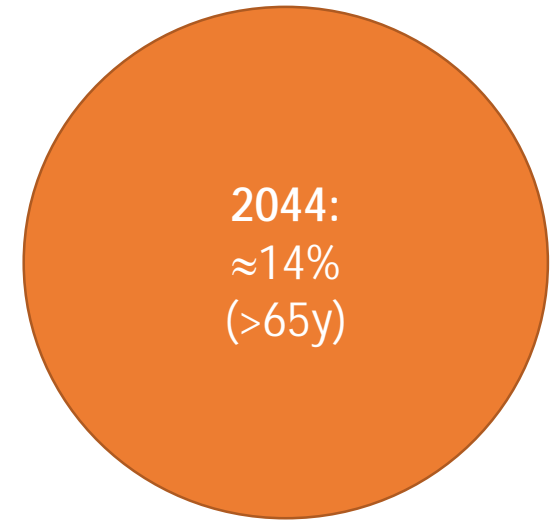
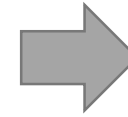
Dr Goh Yi Sheng *PhD*



"ageing nation"

diminishing population growth

prolonged life expectancy

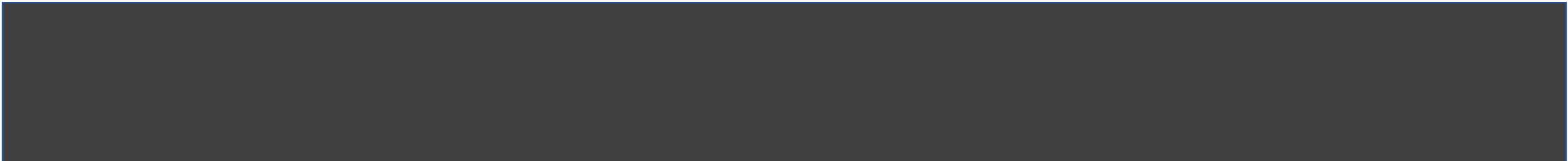


"aged nation"

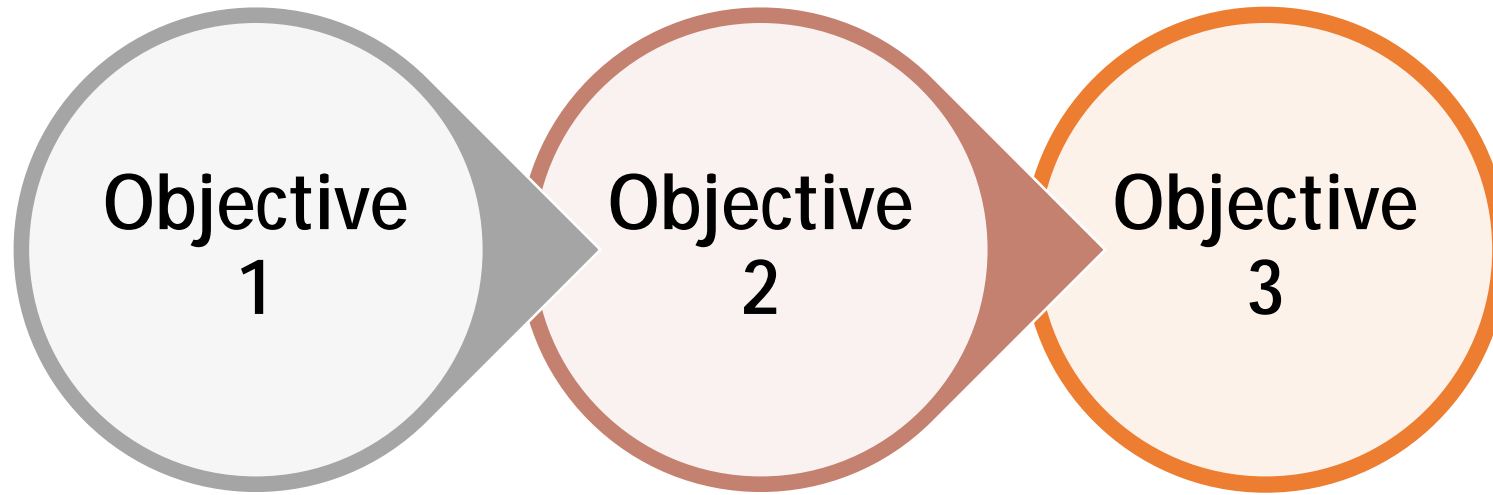
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Background:

15 to 20 years of life after retirement



1.

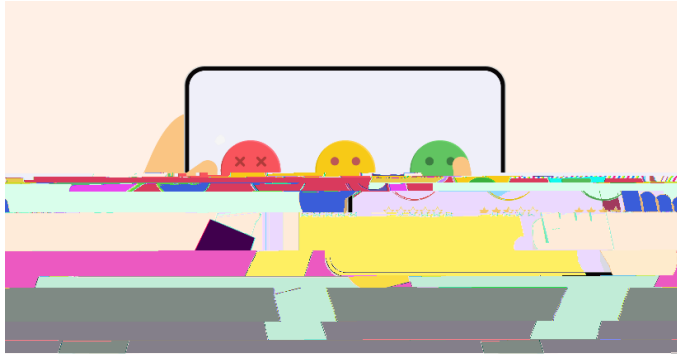


To explore the key concerns of post retirement life

To examine the perceived benefits and concerns of time banking in Malaysia



Research Objectives



Data collection was implemented on target groups: elderly (aged 60 or above) Malaysians.

Recruitment elderly group: Senior citizen groups, such as D'Happy Club and USIAMAS (Goldenage Welfare Association Malaysia).

Focus group interviews was conducted in person and online (subject to participants)

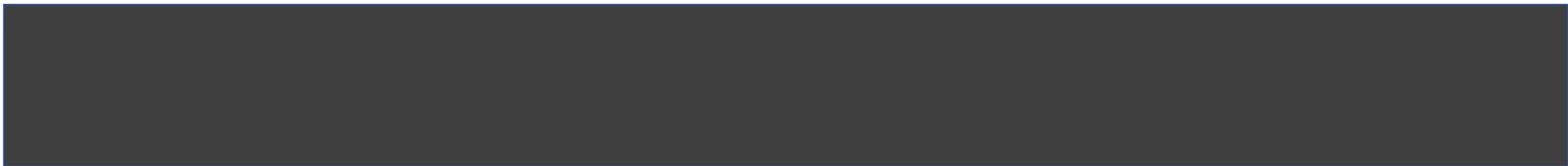
Measures of TB knowledge & Intention: Pre Vs Post

Compensation (USD12) was given
Participants could withdraw at any point, without penalty.

Future plan:

Cross-sectional study
Paper survey

- a. Awareness of TB (Burgess and Markkanen, 2016)
- b. Perceived barriers, drivers, and outcomes of TB (Valek, 2015; Gaston & Kruger, 2014, Hirwa et al., 2021; Hamzah et al., 2011; Lalitha & Subasri, 2020; Carroll et al. (2017))
- c. Trust towards TB (adapt from Pearce et al. 1992 interpersonal trust and Rajavi, K., Kushwaha, T., Steenkamp, J.-B. E M., 2019 brand trust)
- d. Intention to participate in TB (Cho et al. 2020; Hirwa et al. 2021)
- e. Potential usage of TB



Theme analysis



This qualitative study employed the hermeneutic phenomenological study design. Purposive sampling.

Strategies were used to recruit Malaysians that are willing to share- A semi-structured interview guide was developed based on the expert knowledge of the investigators and existing literature on the topic.

A series of focus group interviews (FGIs) was conducted and facilitated by a multidisciplinary team of experts. The group interviews were transcribed verbatim and analysed.



24 participants (mean age= 72.7; 17 females; 7 males)
Over a period of 4 months
in 2022

Analysis

Key Concerns of Post-retirement Life

Feeling helpless

There are times when you want to look for help, for something minor. You can stand there in the hot sun there and knock, nobody answers. I think most outsiders are afraid to help an old person in case anything happens to them, they will be responsible for it. There's no other hope, don't go and stay with children. You think they care?

Sense of security

we were looking for those, you know, those condos especially for old folks with doctors with nurses and somebody who monitor your floor, they track you, if you don't - if there's no movement in your unit they will break in your house and take the keys. Then we realized, "Eh, so expensive. No need." So then I realize one thing, if we stay in a condo, then we start setting up, what do you call that, groups which are like same interest, hobbies. So now we started a gardening group. Actually the main idea is community, it's not so much of the gardening. So, I think this is community is where like, okay we have a group that if we don't see each other like within two three days or don't respond, we can find out if they're okay or not.

Transportation

I find one of the major problem for old people is transportation, because we old, some people cannot drive, some people got sickness, cannot. So, this is a major concern, transportation. She's very desperately looking for job. Every time looking for job, going for interview, but she also don't have transport. So, you know, the last one, she get the job, but how cannot take Grab to work every day, it will be more expensive than your salary.

Mental health

During MCO suddenly for seven days there was no response. I found that her handphone, how do we call that, not on, you know, the

Results

	Malay	Chinese	Indian
Drivers for TB	<p>Prior experience helps to shape the understanding of TB</p> <p><i>So kita tak pernah care tentang cost. Kita walaupun macam saya memang boleh katakan advidance macam dah pun tahu. Some more my wife family go with here and there KL pergi mana mana semua my cost kita sendiri. Tapi itu kita memang ada pi bayar maskunya bayaran itu tidak lah banyak tak akan untuk menanpong costing kita ini.</i></p>	<p>Knowing there is help whenever needed</p> <p><i>when you are in need of help, perhaps that community who is actually monitoring all this credit time will be able to help us. So that is where we get help from rather than you do not know who to approach to when you need help.</i></p>	<p>Prior experience helps to shape the understanding of TB</p> <p>No, kita no problem volunteering. Memang ada experience.</p>
	<p>Religion- Important component as a factor</p> <p><i>Kita buat sebab Allah- semua untuk Allah</i></p>		

Results



There are mixed findings from the FGI.
Some key concerns